

# Aspira<sup>®</sup> Siphon Drainage Bag.



## Steps for use

These instructions are to be used as a reference guide only. Please refer to the full instructions for use prior to using this product.

### Step 1. Prepare the workspace:

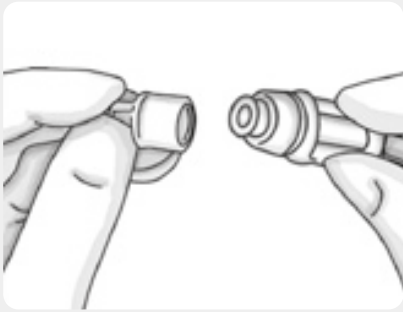
1. Clear space on table.
2. Clean surface with disinfecting wipe.
3. Wash hands with warm soapy water. Scrub for one full minute. Dry with a clean towel.
4. Place supplies on cleaned area.

### Troubleshooting:

If the flow of fluid does not start, check the connection.  
Gently squeeze the pump again. If this still does not work, try using a new drainage kit.  
If unable to start flow, contact your district nurse or your doctor.

## Step 2. Drainage procedure

### Step 2a. Discard valve cap



Peel open the pouch with the drainage kit and remove and discard valve cap from catheter valve.

**NOTE:** If the catheter is secured to the skin with tape, remove this before proceeding.  
**NOTE:** If the catheter is damaged, place the slide clamp (included in kit) between the damaged section & the catheter exit site. Contact your doctor.

### Step 2b. Wipe catheter



Wipe catheter valve with alcohol pad.

### Step 2c. Connect line



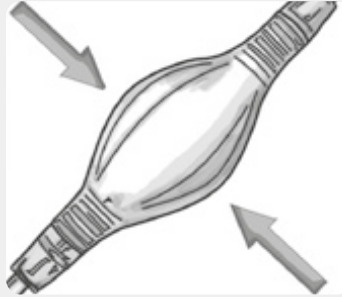
Connect drainage line to catheter. You should hear or feel a click when secure.

### Step 2d. Place bag



Place bag on a flat surface at least arms length **below the chest or abdomen.**

### Step 2e. Squeeze pump



Squeeze pump once. Let fluid drain until bag is full or fluid stops. If fluid doesn't flow, refer to troubleshooting section above.

### Step 2f. Disconnect line



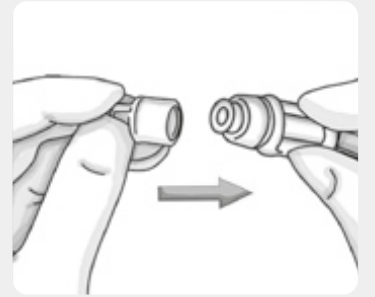
When fluid stops or bag fills to 1000ml from the chest or from the abdomen, disconnect drainage line from catheter.

### Step 2g. Wipe valve



Wipe catheter valve with new alcohol pad.

### Step 2h. Valve cap



Place new valve cap on catheter valve.

## Step 3. Dressing procedure

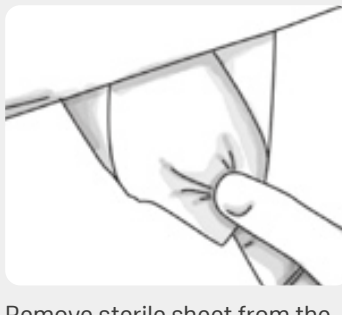
### Step 3a. Open dressing supplies



Peel open the pouch with the dressing supplies. Remove the gloves from the pouch. Pick up glove at cuff end and place on hand. Pick up second glove with the gloved hand and place it on your other hand.

**NOTE:** Look at the exit site and the skin around it. If you notice any redness, swelling, oozing or have pain at the exit site, finish draining and call your district nurse.

### Step 3b. Sterile sheet



Remove sterile sheet from the pouch and place it on prepared workspace. Lay sheet flat so you can see dressing supplies.

### Step 3c. Clean skin



Clean skin around exit site with alcohol pad. **NOTE:** Make sure exit site and skin are dry before proceeding.

### Step 3d. Gauze pad



Place split gauze pad on skin around catheter.

### Step 3e. Coil catheter

Coil catheter on split gauze pad. Place gauze on top of catheter.

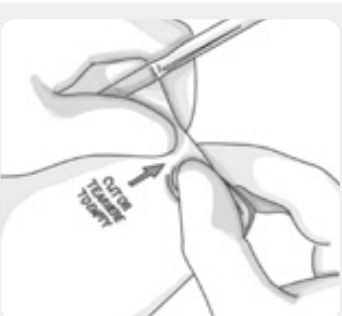


### Step 3f. Dress

Place clear dressing over catheter and gauze.

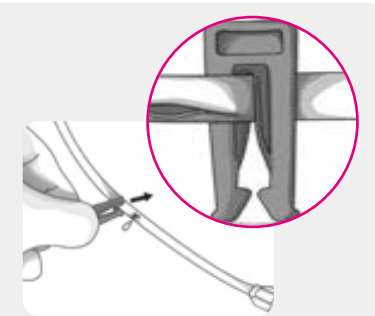


## Step 4. Discarding fluid and used supplies



Please follow local protocol for guidance on clinical waste disposal. For home disposal, tear or cut the siphon bag over a toilet and empty as required. Wash hands.

**NOTE:** If the catheter is damaged, place slide clamp provided in drainage kit between the damage & catheter exit site. Call your district nurse.



Please contact your healthcare provider if you have any questions about your catheter.

### How much to drain

Do not drain more than 1000ml from the chest or more than 2000ml from the abdomen in any one drainage session.